



*Be informed and advocate all year round!  
The National Down Syndrome Congress Policy and  
Advocacy Team is here to help.*

The NDSC Policy & Advocacy Team is comprised of disability policy professionals who are experienced, well-connected, and highly regarded national subject matter policy experts and leaders. The Policy Team regularly consults with the engaged, experienced, and bipartisan NDSC Public Policy Advisory Council that represents a diversity of viewpoints and experiences.

***Get involved by taking any or all of the steps below:***

- Join the [National Down Syndrome Advocacy Coalition](#)- NDAC is a grassroots advocacy service that is designed to educate individuals with Down syndrome, their family members and other allies about policy issues and give them the advocacy tools and techniques they need to effectively engage with their legislators to advocate for change. It is free to become a member and as a part of our advocacy network you will be invited to attend quarterly policy calls, join the private NDAC group on Facebook and more.
- Sign up to receive our [Action Alerts](#) (click Sign Up!)- receive timely and targeted asks for specific policy topics and contact your legislators in seconds! We make it easy for you to advocate.
- [Sign up to receive our monthly Newslines](#)- the Policy Team highlights key policy issues and gives you brief explanations of different relevant topics.
  - August Newslines Sample: <https://www.ndscenter.org/policy-advocacy-newslines-august-2020/>
  - July Newslines Sample: <https://www.ndscenter.org/policy-advocacy-newslines-july-2020-2/>
- Like our [Facebook](#) page (National Down Syndrome Congress Policy & Advocacy) or follow us on Twitter, @NDSCpolicy.

***Recommended advocacy resources:***

- NDSC Advocacy Toolkit for Self-Advocates: <https://www.ndscenter.org/wp-content/uploads/PA-NDSC-Advocacy-Toolkit-for-SA.pdf>
- NDSC Schooling Resources Document (understand your rights and learning options that may be available in your area): <https://www.ndscenter.org/wp-content/uploads/NDSC-Schooling-Resources.pdf>
- Webinar regarding Back to School Options in partnership with Council of Parent Attorneys and Advocates (COPAA): <https://attendee.gotowebinar.com/recording/5749744733414617606>
- Hospital Visitation Document regarding COVI-19: <https://www.ndscenter.org/wp-content/uploads/NDSC-one-pager-on-hospital-visitation.pdf>
- Council of Parent Attorneys and Advocates (use Directory tab to find local attorney/advocate): <https://www.copaa.org/>
- TIES Center on Inclusive Practices and Policies for Students with Significant Cognitive Disabilities: <https://tiescenter.org/>
- Educating All Learners Alliance: <https://www.educatingalllearners.org/>
- ABLE National Resource Center: [www.ablenrc.org](http://www.ablenrc.org)
- Center on Universal Design for Learning: <http://www.udlcenter.org/>
- National Disability Rights Network (scroll down and click on Find your P&A to find your state Protection and Advocacy organization): <https://www.ndrn.org/>
- Voting is your chance to ensure that your voice is heard and how you take part in choosing the people that will run our government. Find everything you need to cast your ballot at: <https://www.ndscenter.org/programs-resources/your-voice-your-vote/>

